

“Never doubt that a small group of thoughtful, caring, committed people can change the world; indeed, it is the only thing that ever has.”

- Margaret Mead



The ESA Foundation’s “Scholarship Brochure” series honors those who have provided, or are honored by an endowed scholarship. This series provides a link between the student recipients and this prestigious group – who are committed to positive change for the world.

The ESA Foundation is a 501(c)3 public foundation established in 1970 and recognized by the Internal Revenue Service as an organization exclusively for charitable and educational purposes. It is a non-profit and tax-exempt organization pledged to the development of philanthropic activities of volunteers, providing assistance to established programs that serve human needs. The ESA Foundation envisions a future world community working together to assist those in need, educating those who seek to learn, and assisting those who strive to improve the quality of their lives or the lives of others.

[ESA International is an organization founded in 1929 and is a premier leadership and service organization bringing volunteers together to pursue programs and projects that make a positive difference to the world community. It is dedicated to developing confidence, competence, and career opportunities for the members. ESA promotes education, service, and association through programs focused on personal development and leadership training.]

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ESA Foundation

***“Serving the World Community
... Because We Care”***

“DOC” & CATHY HOLSTED

**HONORARIUM
ENDOWMENT**



THE “DOC” & CATHY HOLSTED HONORARIUM ENDOWMENT

Judging Criteria “A” – (100 points)

- Weighted evenly Financial Need and Scholastic Ability
- 10 pts – Character
- 20 pts – Leadership
- 10 pts – Service
- 30 pts – Financial Need
- 30 pts – Scholastic Ability

Special Criteria: Oklahoma resident; any School, any major.

The “Doc” and Cathy Holsted Honorarium Endowment was established by Stormy and Glen Simmons, their daughter and son-in-law, in 1998. The first scholarship was awarded in 2000.

(Written by Lola Jaegers and Cathy Holsted)

The “Doc” and Cathy Holsted Honorarium was tucked in their Christmas stocking as a surprise from their family. Over the next year, it was completed by donations from their other daughter, Misty and family, friends, Oklahoma ESA sisters, and other family members. Stormy was the Oklahoma State ESA Foundation Counselor and thought it would be a wonderful way to honor her parents, help the Foundation, and a deserving Oklahoma student.

Cathy was President of the Oklahoma State Council of Epsilon Sigma Alpha International in 1986-1987. During her term, she was very active in membership growth and six new chapters were chartered that year. The needs of the members were important to her and she sent out a questionnaire requesting direction on

how to achieve those new members, how to keep existing members, and other items of interest to the Council. She was instrumental in changing the structure of meetings and helped increase interest and membership. It was a busy year for the Holsteds, as Doc was President of the Oklahoma Academy of Family Practice, and they did a lot of traveling.

Cathy was International Council President in 1994-95 and was proud to represent the International Council and work with the ESA Foundation on Long-Range Planning and help restructure some of the existing programs and start the framework for several new ones.

Both Cathy and Doc are Life Active members of the ESA Foundation. Doc has been extremely supportive of ESA and the ESA Foundation and served several years on the Regional Scholarship Committee. Oklahoma State Council, Theta Tau Chapter, Kingfisher, and their family have honored Cathy with the prestigious Dixie Palmer Lady Award in 1997 for her dedication and support for the ESA Foundation. On their behalf, the ESA Foundation awarded “Doc” the prestigious Stewardship award in 1990.

Cathy served two, three-year terms as a member of the Board of Directors of the ESA Foundation; two of those years she served as Chairman of the Board.

Both Doc and Cathy are retired and in their spare time they enjoy visiting, traveling, taking overseas trips, playing with their grandchildren, and helping their kids with whatever project is currently in progress.

The members of the Oklahoma State Council of ESA International have established and/or supports many ESA Foundation endowments for Oklahoma residents: Beta Chi Chapter of ESA Scholarship, Hawkins-Tuma memorial Endowment, Joe Jaegers Family Endowment, Jane Matthews memorial Scholarship, Norma L. Moore Endowment Scholarship, Oklahoma Council District IV Scholarship, Myre Starr Honorarium Endowment, Stormy Valley Scholarship, Oscar & Joyce Whitewing Honorarium, and the “Doc” and Cathy Holsted Honorarium.

The ESA Foundation Scholarship program began in 1977. Over 100 scholarships are awarded annually to students across the United States and Internationally who meet the criteria of the individual endowment scholarships.

The Scholarship program operates through volunteer services with the exception of the audit performed by Sample & Bailey CPA, PC, Ft. Collins, Colorado.

Applications are reviewed and processed by the State Counselor and a Regional Scholarship Committee, with a final review by the Scholarship Coordinators who submit them for final judging to judges throughout the United States who are selected from education and business professionals, who are not members of the ESA Foundation.